

Columbus Residence
FALL and WINTER MENU 2011/2012

WEEK 1



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Oct 16	Oct 17	Oct 18	Oct 19	Oct 20	Oct 21	Oct 22
	Nov 13	Nov 14	Nov 15	Nov 16	Nov 17	Nov 18	Nov 19
	Dec 11	Dec 12	Dec 13	Dec 14	Dec 15	Dec 16	Dec 17
	Jan 8	Jan 9	Jan 10	Jan 11	Jan 12	Jan 13	Jan 14
	Feb 5	Feb 6	Feb 7	Feb 8	Feb 9	Feb 10	Feb 11
	Mar 4	Mar 5	Mar 6	Mar 7	Mar 8	Mar 9	Mar 10
BREAKFAST	Orange Juice Oatmeal/Cereal Toast and Jam French Toast	Cranberry Juice Oatmeal/Cereal Toast and Jam Bran Muffin	Apple Juice Oatmeal/Cereal Toast and Jam Scrambled Eggs	Orange Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Cranberry Juice Oatmeal/Cereal Toast and Jam Poached Eggs	Apple Juice Oatmeal/Cereal Toast and Jam	Orange Juice Oatmeal/Cereal Toast and Jam Raisin Scone
LUNCH	Minestrone Spinach Quiche Mixed Green Salad Diced Peaches	Beef Barley Soup Chicken Fingers with dipping sauce Tater Tots Caesar Salad Fruited Jello	New England Clam Chowder Turkey Salad Sandwich Carrot & Raisin Slaw Seasonal Fruit	Chicken Noodle Soup Fish Burger Apple & Zucchini Slaw Vanilla Ice Cream	Red Lentil Soup Potato & Cheese Perogies with bacon, onions & sour cream Pickled Beets Diced Pears	Italian Vegetable Soup Crab Salad Bun Tossed Salad Applesauce	Tomato Rice Soup Roast Beef Sandwich Caesar Salad Fruited Yogurt
DINNER	Roast Beef with gravy Yorkshire Pudding Mashed Potatoes Mixed Vegetables Pumpkin Tart	Pork Cutlet with gravy Boiled Potatoes Broccoli Florets Pineapple Bavarian	Cabbage Rolls with sour cream Mashed Potatoes Green Beans Butterscotch Pudding	Shake & Bake Chicken Parslied Potatoes Squash Lemon Tart	Swiss Steak Boiled Potatoes California Mixed Vegetables Crunchy Top Ginger Cake	Breaded Sole with Hollandaise sauce Rice Pilaf Carrot Coins Bread Pudding	Pork Sausages Roasted Potatoes Green Peas Cherry Crisp

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**

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WEEK 2



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Oct 23	Oct 24	Oct 25	Oct 26	Oct 27	Oct 28	Oct 29
	Nov 20	Nov 21	Nov 22	Nov 23	Nov 24	Nov 25	Nov 26
	Dec 18	Dec 19	Dec 20	Dec 21	Dec 22	Dec 23	Dec 24
	Jan 15	Jan 16	Jan 17	Jan 18	Jan 19	Jan 20	Jan 21
	Feb 12	Feb 13	Feb 14	Feb 15	Feb 16	Feb 17	Feb 18
	Mar 11	Mar 12	Mar 13	Mar 14	Mar 15	Mar 16	Mar 17
BREAKFAST	Cranberry Juice Oatmeal/Cereal Toast and Jam Poached Egg	Apple Juice Oatmeal/Cereal Toast and Jam	Orange Juice Oatmeal/Cereal Toast and Jam Scrambled Eggs	Cranberry Juice Oatmeal/Cereal Toast and Jam Cranberry Scone	Apple Juice Oatmeal/Cereal Toast and Jam Bran Muffin	Orange Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Cranberry Juice Oatmeal/Cereal Toast and Jam Scrambled Egg
LUNCH	Navy Bean Soup Baked Macaroni & Cheese Tossed Salad Fruit Cocktail	Chicken Vegetable Soup Hamburger with lettuce, sliced tomato & pickle Apricots	Cream of Mushroom Soup Roast Turkey Sandwich Apple & Zucchini Slaw Ice Cream	Mulligatawny Soup Chicken Pot Pie with gravy Tossed Salad Jello Cubes	Mixed Vegetable Soup Tuna Salad Sandwich Caesar Salad Diced Pears/Peaches	Chicken Rice Soup Broccoli & Onion Quiche Tossed Salad Tropical Fruits	Yellow Pea Soup Hot Dog with all the trimmings Potato Chips Strawberry Mousse
DINNER	Roast Chicken Boiled Potatoes Broccoli Marble Cake	Sweet & Sour Pork Steamed Rice Oriental Mixed Vegetables Vanilla Pudding	Brunswick Stew Tea Biscuit Cabbage Stewed Rhubarb & Strawberry	Salisbury Steak Scalloped Potatoes Julienne Carrots Blueberry Crisp	Teriyaki Chicken Mashed Potatoes Green Beans Princess Pudding	Seafood Newburg Rice Mixed Vegetables Dutch Apple Cake	Spaghetti & Meat Sauce Caesar Salad Garlic Bread Cheesecake with fruit topping

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**

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WEEK 3



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Oct 30	Oct 31	Nov 1	Nov 2	Nov 3	Nov 4	Nov 5
	Nov 27	Nov 28	Nov 29	Nov 30	Dec 1	Dec 2	Dec 3
	Dec 25	Dec 26	Dec 27	Dec 28	Dec 29	Dec 30	Dec 31
	Jan 22	Jan 23	Jan 24	Jan 25	Jan 26	Jan 27	Jan 28
	Feb 19	Feb 20	Feb 21	Feb 22	Feb 23	Feb 24	Feb 25
	Mar 18	Mar 19	Mar 20	Mar 21	Mar 22	Mar 23	Mar 24
BREAKFAST	Apple Juice Oatmeal/Cereal Toast and Jam Waffles	Orange Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Cranberry Juice Oatmeal/Cereal Toast and Jam Boiled Egg	Apple Juice Oatmeal/Cereal Toast and Jam Cheese Scone	Orange Juice Oatmeal/Cereal Toast and Jam	Cranberry Juice Oatmeal/Cereal Toast and Jam Scrambled Egg	Apple Juice Oatmeal/Cereal Toast and Jam Pumpkin Muffin
LUNCH	Potato Ham Chowder Fish Burger with lettuce, tomato & tartar sauce Applesauce	Vegetable Noodle Soup Egg Salad Sandwich Chef's Choice Salad Fresh Fruit Cup	Beef Barley Soup Sausage Roll with gravy Rainbow Slaw Mandarin Oranges	Chicken Vegetable Soup Beef Ravioli Green Salad French Vanilla Yogurt with Fruit	Minestrone Spinach & Cheese Omelet Soft Roll Fruited Jello	Green Pea Soup Cottage Cheese and Fruit Plate Muffin Ice Cream	Vegetable Soup Chicken Salad Sandwich Coleslaw Butterscotch Pudding
DINNER	Gourmet Ham with applesauce Scalloped Potatoes Green Peas Lemon Meringue Pie	Beef Burgundy Noodles Yellow Beans Coconut Pudding	Chicken Curry Rice Pilaf Mixed Vegetables Strawberry Fluff	Breaded Pork Cutlet with mushroom gravy O'Brien Potatoes Cauliflower Iced Apple Spice Cake	Chicken Diane Mashed Potatoes Peas & Carrots Vanilla Tart	Fish Creole Mashed Potatoes Broccoli Mixed Fruit Crisp	Barbecued Ribs Boiled Potatoes Turnips Iced Chocolate Cake

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**

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WEEK 4



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Nov 6	Nov 7	Nov 8	Nov 9	Nov 10	Nov 11	Nov 12
	Dec 4	Dec 5	Dec 6	Dec 7	Dec 8	Dec 9	Dec 10
	Jan 1	Jan 2	Jan 3	Jan 4	Jan 5	Jan 6	Jan 7
	Jan 29	Jan 30	Jan 31	Feb 1	Feb 2	Feb 3	Feb 4
	Feb 26	Feb 27	Feb 28	Feb 29	Mar 1	Mar 2	Mar 3
	Mar 25	Mar 26	Mar 27	Mar 28	Mar 29	Mar 30	Mar 31
BREAKFAST	Orange Juice Oatmeal/Cereal Toast and Jam Pancakes & Scrambled Eggs	Cranberry Juice Oatmeal/Cereal Toast and Jam Poached Egg	Apple Juice Oatmeal/Cereal Toast and Jam Peach Bran Muffin	Orange Juice Oatmeal/Cereal Toast and Jam	Cranberry Juice Oatmeal/Cereal Toast and Jam Steamed Egg	Apple Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Orange Juice Oatmeal/Cereal Toast and Jam Scrambled Egg
LUNCH	Cream of Tomato Soup Grilled Cheese Sandwich Tossed Salad Applesauce	Turkey Vegetable Soup Chicken Chow Mein Apricots	Scotch Broth Fish & Chips with tartar sauce Diced Tomatoes Fruit Cocktail	Tomato Rice Soup Tortiere Pie with gravy Creamy Coleslaw Ice Cream	Corn Chowder Turkey & Swiss Cheese Sandwich Green Salad Diced Peaches	Cheesy Cauliflower Soup Vegetable Frittata with soft roll Apple & Zucchini Slaw Jello Jewels	Potato Leek Soup Roast Chicken Sandwich Pickled Beets Diced Pears
DINNER	Roast Turkey with gravy & applesauce Roasted Potatoes Diced Squash Sponge Cake with strawberry sauce	Irish Stew with gravy Mashed Potatoes Carrot Coins Apple Crumble	Braised Pork with gravy Boiled Potatoes Broccoli & Cauliflower Cherry Crisp	Lemon Chicken Buttered Rice Turnips Tapioca Pudding	Pepper Steak Mashed Potatoes Green Beans Carrot Cake with cream cheese icing	Pan Fried Cod with lemon dill sauce Roasted Potatoes Green Peas Fruit Trifle	Vegetarian Lasagna Garlic Bread Tossed Salad Crème Caramel

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**