

Columbus Residence
SPRING and SUMMER MENU 2011

WEEK 1



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Apr 3	Apr 4	Apr 5	Apr 6	Apr 7	Apr 8	Apr 9
	May 1	May 2	May 3	May 4	May 5	May 6	May 7
	May 29	May 30	May 31	Jun 1	Jun 2	Jun 3	Jun 4
	Jun 26	Jun 27	Jun 28	Jun 29	Jun 30	Jul 1	Jul 2
	Jul 24	Jul 25	Jul 26	Jul 27	Jul 28	Jul 29	Jul 30
	Aug 21	Aug 22	Aug 23	Aug 24	Aug 25	Aug 26	Aug 27
BREAKFAST	Orange Juice Oatmeal/Cereal Toast and Jam Poached Egg	Cranberry Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Apple Juice Oatmeal/Cereal Toast and Jam Peach Bran Muffin	Orange Juice Oatmeal/Cereal Toast and Jam Scrambled Egg	Cranberry Juice Oatmeal/Cereal Toast and Jam	Apple Juice Oatmeal/Cereal Toast and Jam Cranberry Scone	Orange Juice Oatmeal/Cereal Toast and Jam Boiled Egg
LUNCH	Beef Barley Soup Crab Salad Bun Apple & Zucchini Coleslaw Fresh Fruit Cup	Turkey Rice Soup Roast Beef Sandwich Chef's Choice Salad Strawberry Mousse	Chicken Noodle Soup Fish Burger Caesar Salad Diced Pears	Red Lentil Soup Swiss Cheese Fruit Plate with muffin or loaf Chocolate Pudding	Spring Vegetable Soup BBQ Pork on a Bun with lettuce Apple & Zucchini Coleslaw Fresh Fruit Cup	Corn Chowder Spanish Omelet with Spanish sauce Soft Roll Caesar Salad Apricots	Beef Vegetable Soup Potato Pancakes & Turkey Sausages with sour cream and apple sauce French Vanilla Yogurt
DINNER	Roast Turkey with gravy & cranberry sauce Mashed Potatoes Squash Lemon Meringue Pie	Chicken Cacciatore Noodles Broccoli Florets Baked Apple Crisp	Pork Scallopini with gravy Mashed Potatoes Julienne Carrots Assorted Tarts	Oven Fried Chicken with gravy Rice Oriental Vegetables Pineapple Coconut Square	Meatloaf with gravy Mashed Potatoes Cream Style Corn Rice & Raisin Pudding	Herbed Cod with Hollandaise sauce Roasted Potatoes Squash Carrot Cake with cream cheese icing	Honey Garlic Chicken Mashed Potatoes Green Beans Melon Cup

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**

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SPRING and SUMMER MENU 2011

WEEK 2



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Apr 10	Apr 11	Apr 12	Apr 13	Apr 14	Apr 15	Apr 16
	*May 8	May 9	May 10	May 11	May 12	May 13	May 14
	Jun 5	Jun 6	Jun 7	Jun 8	Jun 9	Jun 10	Jun 11
	Jul 3	Jul 4	Jul 5	Jul 6	Jul 7	Jul 8	Jul 9
	Jul 31	Aug 1	Aug 2	Aug 3	Aug 4	Aug 5	Aug 6
	Aug 28	Aug 29	Aug 31	Sep 1	Sep 2	Sep 3	Sep 4
BREAKFAST	Orange Juice Oatmeal/Cereal Toast and Jam Fruit Bran Muffin	Cranberry Juice Oatmeal/Cereal Toast and Jam Scrambled Egg	Apple Juice Oatmeal/Cereal Toast and Jam	Orange Juice Oatmeal/Cereal Toast and Jam Poached Egg	Cranberry Juice Oatmeal/Cereal Toast and Jam Pumpkin Muffin	Apple Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Orange Juice Oatmeal/Cereal Toast and Jam Scrambled Egg
LUNCH	Borscht Tuna Salad Sandwich Pickled Beets Diced Peaches	Minestrone Chicken Pot Pie with gravy Mixed Salad Strawberries with whipped cream	Yellow Pea Soup Ham & Swiss Cheese Mini-Sub Potato Salad Fruited Jello	Chicken Noodle Soup Cod Nuggets Potato Wedges Rainbow Coleslaw Fruit Cocktail	Mulligatawny Soup Chicken Salad Sandwich Garden Salad Apricots	Navy Bean Soup Broccoli Frittata with cheese sauce Soft Roll Peaches	Seafood Chowder Hot Dog with potato chips Creamy Coleslaw Butterscotch Pudding
DINNER	Roast Pork with mushroom gravy Boiled Potatoes Peas & Carrots Apple Pie	Beef Stew Mashed Potatoes Cabbage Fruit Trifle	Chicken Tahitian Rice Pilaf Oriental Mixed Vegetables Crème Caramel	Cabbage Rolls with tomato sauce & sour cream Mashed Potatoes Broccoli Marble Cake	Grilled Pork Chop with apple sauce & gravy O'Brien Potatoes Diced Carrots Rice Pudding	Seafood Newburg Noodles Green Beans Iced Chocolate Cake	Swedish Meatballs Parslied Potatoes Vegetable Medley Strawberry Rhubarb Crisp

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. *** Holiday Menu**



**Columbus Residence
SPRING and SUMMER MENU 2011**

WEEK 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Apr 17	Apr 18	Apr 19	Apr 20	Apr 21	Apr 22	Apr 23
	May 15	May 16	May 17	May 18	May 19	May 20	May 21
	Jun 12	Jun 13	Jun 14	Jun 15	Jun 16	Jun 17	Jun 18
	Jul 10	Jul 11	Jul 12	Jul 13	Jul 14	Jul 15	Jul 16
	Aug 7	Aug 8	Aug 9	Aug 10	Aug 11	Aug 12	Aug 13
	Sep 5	Sep 6	Sep 7	Sep 8	Sep 9	Sep 10	Sep 11
BREAKFAST	Orange Juice Oatmeal/Cereal Toast and Jam Blueberry Bran Muffin	Cranberry Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Apple Juice Oatmeal/Cereal Toast and Jam Poached Egg	Orange Juice Oatmeal/Cereal Toast and Jam	Cranberry Juice Oatmeal/Cereal Toast and Jam	Apple Juice Oatmeal/Cereal Toast and Jam Scrambled Egg	Orange Juice Oatmeal/Cereal Toast and Jam
LUNCH	Garden Vegetable Soup French Toast with sausages & syrup Ice Cream	Goulash Soup with sour cream Roast Beef Sandwich Carrot & Raisin Coleslaw Seasonal Fruit	Turkey Vegetable Soup Quiche Lorraine Green Salad Diced Pears	Chicken Noodle Soup Salmon Salad Sub Chef's Choice Salad Raspberry Fruited Jello	Beef Vegetable Soup Roast Chicken Sandwich Spring Salad Mixed Berries with custard	Green Pea Soup Cottage Cheese Fruit Plate with jello, muffin or loaf Strawberry Ice Cream	Mulligatawny Soup Hamburger with lettuce and tomato Caesar Salad Vanilla Pudding
DINNER	Pot Roast with gravy & Yorkshire Pudding Roasted Potatoes Peas Cherry Tart	Breaded Sole with white sauce Parslied Potatoes Squash Coconut Cream Pudding	Sweet and Sour Chicken Buttered Rice Broccoli Mixed Fruit Crisp	Pork Goulash with sour cream Noodles Mixed Vegetables Bread Pudding	Pepper Steak with gravy Mashed Potatoes Julienne Carrots Pineapple Tidbits	Lemon Pepper Cod with dill sauce O'Brien Potatoes Zucchini Cheesecake	Chicken with Peas & Tomatoes Mashed Potatoes Cabbage Ginger Cake with lemon sauce

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * Holiday Menu

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WEEK 4



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	*Apr 24	Apr 25	Apr 26	Apr 27	Apr 28	Apr 29	Apr 30
	May 22	May 23	May 24	May 25	May 26	May 27	May 28
	*Jun 19	Jun 20	Jun 21	Jun 22	Jun 23	Jun 24	Jun 25
	Jul 17	Jul 18	Jul 19	Jul 20	Jul 21	Jul 22	Jul 23
	Aug 14	Aug 15	Aug 16	Aug 17	Aug 18	Aug 19	Aug 20
	Sep 12	Sep 13	Sep 14	Sep 15	Sep 16	Sep 17	Sep 18
BREAKFAST	Orange Juice Oatmeal/Cereal Toast and Jam Waffles & Turkey Sausages with syrup	Cranberry Juice Oatmeal/Cereal Toast and Jam Assorted Muffins	Apple Juice Oatmeal/Cereal Toast and Jam Poached Egg	Orange Juice Oatmeal/Cereal Toast and Jam	Cranberry Juice Oatmeal/Cereal Toast and Jam Raisin Scone	Apple Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Orange Juice Oatmeal/Cereal Toast and Jam Scrambled Egg
LUNCH	Chicken Rice Soup Grilled Cheese Sandwich Carrot & Raisin Slaw Raspberry Jello	New England Clam Chowder Egg Salad Sandwich Chef's Choice Salad Fresh Fruit Cup	Spring Vegetable Soup Seafood Salad Plate with soft roll Macaroni Salad Tapioca Pudding	Beef Barley Soup Chicken Fingers with honey mustard sauce Tossed Salad Jello with Fruit	Lentil Soup Turkey Sandwich Coleslaw Butterscotch Pudding	Cream of Cauliflower Soup Spinach Quiche Green Salad Chocolate Ice Cream	Minestrone Soup Chicken Vegetable Chow Mein Mandarin Oranges
DINNER	Hawaiian Ham with pineapple sauce Scalloped Potatoes Mixed Vegetables Blueberry Crisp	Italian Baked Chicken with gravy Mashed Potatoes Cauliflower & Broccoli Baked Custard Caramel	Spaghetti with Meat Sauce Garlic Bread Green Beans White Cake with blueberry sauce	Pork Sausages with gravy Lyonnaise Potatoes Squash Lemon Tart	BBQ Chicken Mashed Potatoes Mixed Vegetables Applesauce Spice Cake	Baked Fish Creole Jasmine Rice Carrot Coins Peach Crisp	Shepherd's Pie with gravy Peas Ambrosia

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**